

## Step One Workshop

# Getting Started or Re-started in SCA

- Overwhelmed by getting started?
- Can't let go of your old acting-out behaviors?
- Don't know where to begin?
- Let's talk about it in a safe place.



**SATURDAY**

**January 13, 2018**

**10:00 to 11:30 a.m.**

**PLUMMER PARK**

7377 Santa Monica Blvd., Art Rm. 2  
West Hollywood, CA 90046

### **Please Bring:**

**SCA Blue Book**

Large spiral ring notebook

Pen / pencil

**Donation: \$5.00 to \$10.00**

Suggested donation to pay for materials.

None turned away for lack of funds.

Net proceeds go to SCA / LA Intergroup.

**Contact:** [Workshops@scalosangeles.org](mailto:Workshops@scalosangeles.org)

**More Info:** [www.scalosangeles.org](http://www.scalosangeles.org)

This workshop is for the **Newcomer** or **any member** struggling with their sexual addiction, sexual compulsion, love addiction, and sexual/romantic anorexia; their inappropriate behaviors and defenses. Together we will share our experience, strength and hope, regarding the lifelong process of working the Twelve Steps of SCA. It all starts with Step One. We also welcome the experience, strength & hope of long term members who can help.

“SCA's Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life can expel the obsession to act out and enable the sufferer to become happily and usefully whole.

“More sobriety brought about by the admission of sexual compulsion and by attendance at a few meetings is very good indeed, but it is bound to be a far cry from permanent sobriety and a contented, useful life. That is just where the remaining Steps of the SCA program come in. Nothing short of continuous action upon these as a way of life can bring about the much-desired result.”

(AA 12 & 12)