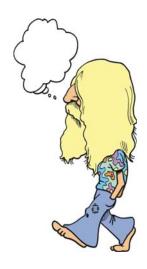
# Fourteen Characteristics Workshop



Part 1: Do I Have a Problem? Part 2: Am I a Sex Addict or Love Addict? Part 3: Now What?



SUNDAY

## November 4, 2018

6:15 to 7:30 p.m.

### **CULVER CITY**

6666 Green Valley Cir. **Culver City**, CA 90230 In the SHARE Bldg.

### **Please Bring:** Paper / Pen / Pencil

### Requested Donation: \$5.00 to \$10.00

Suggested donation to pay for materials. <u>None turned away for lack of funds.</u> Net proceeds go to SCA / LA Intergroup.

Contact: Workshops@scalosangeles.org More Info: www.scalosangeles.org

This workshop is for the **Newcomer** or any SCA **Member** who struggles with their Sexual Compulsion or Love Addiction.

#### PART 1 OF THIS WORKSHOP:

We will first work on identifying whether or not these characteristics apply to us. More importantly we will examine whether or not it is a problem for us to have these characteristics,

#### PART 2 OF THIS WORKSHOP:

We will examine which of these characteristics tend to identify whether a person with them is a sex addict or tends to be a love addict.

### PART 3 OF THIS WORKSHOP:

We will discuss contrary actions one can take, to work on specific characteristics we discover and own. This includes the "Tools" to help us get better.

"<u>SCA</u>'s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life can expel the obsession to <u>act</u> <u>out</u> and enable the sufferer to become happily and usefully whole."

"More sobriety brought about by the admission of <u>sexual compul-</u> <u>sion</u> and by attendance at a few meetings is very good indeed, but it is bound to be a far cry from permanent sobriety and a contented, useful life. That is just where the remaining Steps of the <u>SCA</u> program come in. Nothing short of continuous action upon these as a way of life can bring about the much-desired result."

(Adapted from AA 12 & 12)