

January 2021

To Whom It May Concern:

Sexual Compulsives Anonymous (SCA) has had a relationship with the court systems in Los Angeles and Orange Counties since its founding more than forty years ago. Our meetings are similar to Alcoholics Anonymous (AA). We are not professionals. We are an anonymous Twelve-Step fellowship with members who volunteer their time as trusted servants to lead meetings and perform other administrative services to keep SCA operating.

Prior to COVID-19, at in-person meetings, if a court attendee followed the meeting's attendance guidelines, the meeting's secretary would confirm the individual's attendance on a court form with a signature. However, in keeping with our Twelve Traditions and the anonymous nature of our program, SCA does not provide any reporting beyond attendance. For example, SCA does not provide official letters of progress, participation or similar reports. Participation is encouraged among all our meeting participants. However, participation can come in many forms. For some, participating is simply walking through the door (or logging on via Zoom). For others, it may include sharing, listening, being of service, or some combination.

Due to COVID-19, we moved our meetings online to Zoom. Each meeting still tracks court attendance individually. However, we have centralized our signature process to accommodate the needs of court attendees and the need for our members to maintain anonymity. Our court liaison volunteer provides a signature to court attendees for each meeting after verifying attendance, which verification is provided via email by the secretary of each meeting.

Our experience with Zoom has been extremely positive. Although we look forward to returning to in-person meetings, with Zoom, we have been able to maintain the spirit of recovery in our meeting "rooms" while also reaching others who may not have been able to reach in-person meetings.

Our Twelve-Step program of recovery offers the opportunity to change for those who identify as sexually compulsive, including those sent to meetings via the courts. At Zoom meetings there are multiple times in which an attendee could be called upon to share or participate in reading materials, so it is in their best interest not to turn off their camera and walk away from their screen after logging in.

At the end of the day, our hope for those sent by the courts is that they achieve enough recovery to help them make better choices in the future. If you have any questions about participation or progress of an individual attendee, it is best to ask the individual themselves about what they learned or gained from attending SCA meetings. We would be disappointed to learn that someone sent to our meetings by the courts was punished because our program does not provide a progress report, certificate of participation, or similar documentation.

If you have any further questions, you can call us at 323-570-2659 or email us at court@scalosangeles.org.

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